

## **NEW! Health and Safety Information for Camp Frenda**

Please note effective immediately all church/school groups are **required** to bring a fully equipped First Aid kit with them when attending Camp Frenda for a retreat. In addition, it is **recommended** your group have a qualified doctor, nurse or individual certified in first aid and CPR to assist you with any medical needs during your stay. Camp Frenda provides a nurse and first aid materials during its summer camps only. Camp Frenda does not provide first aid supplies during spring, fall and winter months.

*In case of emergency please note the following information:*

- **Emergency Response Services: Dial 911**

Nearest response team is in Port Carling.

- **South Muskoka Memorial Hospital**

(24 Hour Emergency Service Available)

Main Switchboard (705) 645-4400

Automated Attendant (705) 645-4404

Address: 75 Ann Street  
Bracebridge, ON P1L 2E4

**Directions to Hospital: (Driving Time: 45 minutes approx.)**

1. Leave Camp on Morinus Rd.
2. Turn left on Juddhaven Rd./DR 28 (Heading towards Cleveland House.)
3. Turn left onto Peninsula Rd./DR7 (At the Corner Store.)
4. Turn left onto Hwy 118/ DR 118. Drive through Port Carling.
5. Turn slight right onto Maple St./Hwy 118/DR118. Continue to follow 118.
6. Stay straight to go onto Monck Rd./DR 4.
7. Take the 2<sup>nd</sup> right onto Manitoba St./ DR37.
8. Take the 1<sup>st</sup> left onto Ann St. Hospital is on the left.

- **South Medical Centre and Walk-In Clinic**

230 Manitoba, BRACEBRIDGE, ON P1L 2E1

**Directions:**

1. Leave Camp on Morinus Rd.
2. Turn left on Juddhaven Rd./DR 28 (Heading towards Cleveland House.)
3. Turn left onto Peninsula Rd./DR7 (At the Corner Store.)
4. Turn left onto Hwy 118/ DR 118. Drive through Port Carling.
5. Turn slight right onto Maple St./Hwy 118/DR118. Continue to follow 118.
6. Stay straight to go onto Monck Rd./DR 4.
7. Take the 2<sup>nd</sup> right onto Manitoba St./ DR37.
8. Clinic is on the right hand side after the Shoppers Drug Mart Plaza.

- **Available Drug Stores**

- Apothecary Shop: 86 Joseph St Port Carling, Tel: 705-765-6866
- Shoppers Drug Mart: 248 Manitoba St., Bracebridge, Tel: 705-645-5234
- Pharma Plus: 55 Muskoka Rd 118 W Bracebridge, 705-645-8738