

# Camp Frenda

retreat and youth conference centre



Head Office: 1110 King Street East, Oshawa, ON L1H 1H8; Phone: 905-571-4211; Email: [loliveira@adventistontario.org](mailto:loliveira@adventistontario.org)  
Camp: 1231 Morinus Road, Port Carling, ON P0B 1J0; Cell #705-903-9072 (emergencies only)



# Camp Frenda Reservation Agreement

Camp Frenda, 1110 King St. East, Oshawa, ON L1H 1H8  
Phone: 905-571-4211; Fax: 905-571-4781; email: loliveira@adventistontario.org

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This agreement and the General Guidelines must be read, completed, signed, and returned to our office before your booking is confirmed.

Church/Group Name: \_\_\_\_\_

Date requested: \_\_\_\_\_

## Contact Information:

Group Coordinator: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell #: \_\_\_\_\_ Email: \_\_\_\_\_

**For youth retreats please provide a minimum ratio of one adult to 8 youth (up to 18 yrs of age).**

To keep expenses low please assign four dish washers for each meal. Should the group choose to not provide four dish washers the **group will be billed \$250** to cover this expense.

The group agrees to reimburse Camp Frenda for any damages caused by any member or members of the group. The group will not hold Camp Frenda responsible for any loss, damage or expense that may arise out of the group's use or occupancy of our facilities.

Your **\$500** deposit confirms your booking. This amount will apply against the final invoice. Your deposit is refundable up to **90 days** before your scheduled arrival. In the event of a cancellation an administrative fee of **\$50** is retained when cancellation occurs prior to 90 days.

I/we understand and hereby agree that it is my/our responsibility to ensure that the general guidelines and this agreement will be advised to all members of our group and be strictly observed by the same. No amendments or changes to this agreement shall be made unless done so in writing and signed by all parties. Camp frenda, its directors, officers, management and employees shall not be responsible for any theft, loss or damage to any property of the group, however caused, or to any articles left in any building.

## Deposit (Cheque Payable to "Camp Frenda")

Group Leader Signature: \_\_\_\_\_

Pastor/Head Elder Signature: \_\_\_\_\_

Church Board Approved:  Yes  No



# General Guidelines

Please share these guidelines with your group/church members prior to arriving at Camp Frenda

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We are so glad you have chosen Camp Frenda for your retreat venue. Please enjoy yourselves in God's beautiful creation. Please take only photographs and leave only footsteps. Remember to place all litter in the provided bins on the campground.

Please park in designated parking areas. The Muskoka Fire Department insists that the driveway to Lakeview Lodge be free from parked vehicles. Vehicles unloading in front of the Lodge should never be left unattended.

Your group is responsible for any **damages or loss** of camp equipment. Your church will be billed for any damage incurred during your stay.

Adult supervision of youth at all times is essential. **One adult for eight youth is the minimum requirement** at Camp Frenda.

One room key will be assigned for each room. There is a **\$10 replacement fee** for each lost key.

Furniture is arranged according to the fire code. Please do not remove or rearrange furniture. Mattresses must remain on beds.

Quiet time is 11 pm. Outdoor and Indoor activities after 11 pm should be kept in a respectful, quiet tone. When returning to your room, remember that Lakeview Lodge is for sleeping. Please respect the rights of others by being quiet.

We recommend that your group have a nurse, doctor or certified first-aid provider onsite. Designate someone to be contacted in case of an emergency. Inform children NOT to call 911. Advise them to tell an adult if an emergency arises. The police, ambulance and hospital are 45 minutes away. Calling 911 needlessly is not a joke; unnecessary calls could endanger the life of a neighbour who truly requires emergency assistance.

Campfires are to be built only in designated areas. Please check with our camp ranger regarding fire ban policies.

Alcoholic beverages, non-medical drugs, smoking and firearms are strictly forbidden. Persons breaking this rule will be asked to leave the property.

Camp Frenda has a **strict no pets policy** in compliance with the Muskoka Health Department.



# Camp Frenda Group Rates

Introducing low season rates. Churches reserving Camp Frenda for the months of March, April, November and December qualify for a low season discounted rate. The following months are considered high season: January, February, May, June, July, August, September, October.

## High Season

January, February, May, June, July, August, September and October

### Adult Rate (with children staying in the same room):

All rates include four meals and two nights lodging

Adult Rate: \$90

Children (ages 4 - 16): \$60

Children ages 3 and under: free

### Adult Rate (without children in the same room):

All rates include four meals and two nights lodging

1 Adult in a room: \$120/person

2 Adults in a room: \$100/person

3 + Adults in a room: \$80/person

## Low Season

March, April, November and December

### Adult Rate (with children staying in the same room):

All rates include four meals and two nights lodging

Adult Rate: \$60

Children (ages 4 - 16): \$50

Children ages 3 and under: free

### Adult Rate (without children in the same room):

All rates include four meals and two nights lodging

1 Adult in a room: \$80/person

2 Adults in a room: \$70/person

3 + Adults in a room: \$60/person

## Joint Group Reservation:

During the high season months, groups with less than 50 persons can expect to share the use of the facility. This means separate meeting rooms (lakeside conference room and fireside worship room) and a shared menu and meal times (breakfast - 8:30 am, lunch – 12:30 pm and supper at 5:30 pm).

## Items Available to Rent

Contact camp office if you are interested in renting any of the items below

Winter Snow Tubes .....	\$50 flat rate	Snow Shoes .....	\$10/pair/day
Video Projector .....	\$25 flat rate	Paddle Boats .....	\$10/1 hour
Flipchart/Whiteboard .....	\$10 flat rate	Canoes/Kayaks .....	\$10/1 hour
Ping Pong Pkg (balls & paddles) .....	\$25 flat rate	Keyboard and Firewood .....	Free
Lake Rosseau Tour	\$10/Adults; \$5/ages 3-10 - 30 minutes (July to October only)		
Water Tubing .....	\$5 - 10 minute run (July to August only)		
Waterskiing.....	\$5 - 10 minute run (July to August only)		
Horseback Riding .....	\$10 - 30 minute trail ride (July to August only)		
Pony Rides.....	\$5 - 10 minute ride (July to August only)		



## Camp Frenda Fixed Menus

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**Two weeks** prior to your group's arrival, please contact Susan James our Food Services Director for menu planning. She can be reached at 905-903-9072 or by email: [sjames@campfrenda.org](mailto:sjames@campfrenda.org).

### Fixed Sabbath Continental Breakfast

Muffins or Pastries  
Bagels and Cream Cheese  
Hard Boiled Egg  
Hot and Cold Cereals  
2% Milk and Soy Milk  
Fresh Whole Fruit & Canned Fruit  
WW Bread  
Juice `n hot drinks

#### Lunch Menu A

Lasagna  
Garlic Bread  
Corn  
Salad Bar  
Dessert\*

#### Lunch Menu B

Chicken Nuggets  
Fried Rice  
Spring Rolls  
Salad Bar  
Dessert\*

#### Lunch Menu C

Chicken Jerk Style  
Rice  
Stir Fried Vegetables  
Salad Bar  
Dessert\*

#### Lunch Menu D

Vegan Beef Strips  
Roasted Potatoes  
Broccoli  
Salad Bar  
Dessert\*

#### Lunch Menu E

Chick-pea Curry  
Samosas  
Rice  
Salad Bar  
Dessert\*

Dessert Choices: Assorted Cookies & Ice Cream; Apple Crisp/Apple Pie

#### Dinner Menu A

Burgers  
Cheese,  
Potato Wedges  
Condiments  
Soup\*  
Fresh whole fruit

#### Dinner Menu B

Haystacks  
Chips  
Chilli beans  
Condiments  
Soup\*  
Fresh whole fruit

#### Dinner Menu C

Pizza  
Tossed Salad  
Soup\*  
Fresh whole fruit

#### Dinner Menu D

Burritos  
Tossed Salad  
Soup\*  
Fresh whole fruit

Soup Options: Pea; Vegetable; Potato Leak

#### Sunday Breakfast A

Assorted Muffins  
Scrambled Eggs/Tofu  
Hash Browns  
Stripples  
2% Milk & Almond  
Hot `n Cold Cereal  
WW Bread  
Fresh and Canned Fruit  
Juice `n Hot Drinks

#### Sunday Breakfast B

Assorted Muffins  
Pancakes with toppings  
Stripples  
Hot `n Cold Cereal  
2% Milk & Almond  
WW Bread  
Fresh and Canned Fruit  
Juice `n Hot Drinks

#### Sunday Lunch Menu A

Burgers  
Cheese,  
Potato Wedges  
Condiments  
Soup\*  
Dessert\*

#### Sunday Lunch Menu B

Haystacks  
Chips  
Chile beans  
Condiments  
Soup\*  
Dessert\*



# LAKEVIEW LODGE ROOMING LIST - First Floor

## Room 105 - Maximum 8 people

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

Single Top over dbl \_\_\_\_\_

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

Single Top over dbl \_\_\_\_\_

## Room 119 - Maximum 6 people

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

Single Top over dbl \_\_\_\_\_

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

Single Top over dbl \_\_\_\_\_

## Room 115 - Maximum 5 people

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

Top Bunk \_\_\_\_\_

## Room 113 - Maximum 4 people

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

## Room 107 - Maximum 8 people

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

## Room 109 - Maximum 5 people

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

## Room 111 - Maximum 5 people

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

Single Top over dbl \_\_\_\_\_



# LAKEVIEW LODGE ROOMING LIST - Second Floor

## Room 203 - Maximum 8 people

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

Single Top over dbl \_\_\_\_\_

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

## Room 215 - Maximum 4 people

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

## Room 217 - Maximum 5 people

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

Single Top over dbl \_\_\_\_\_

## Room 219 - Maximum 5 people

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

Single Top over dbl \_\_\_\_\_

## Room 205 - Maximum 8 people

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

Single Top over dbl \_\_\_\_\_

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

## Room 207 - Maximum 4 people

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

## Room 209 - Maximum 5 people

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

Single Top over dbl \_\_\_\_\_

## Room 211 - Maximum 4 people

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

## Room 213 - Maximum 5 people

Top Bunk \_\_\_\_\_

Low Bunk \_\_\_\_\_

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

Single Top over dbl \_\_\_\_\_



# LAKEVIEW LODGE ROOMING LIST - Third Floor

## Room 305 - Maximum 5 people

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

Trundle \_\_\_\_\_  
\_\_\_\_\_

## Room 307 - Maximum 4 people

Single \_\_\_\_\_

Trundle \_\_\_\_\_

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

## Room 309 - Maximum 4 people

Single \_\_\_\_\_

Trundle \_\_\_\_\_

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

## Room 311 - Maximum 4 people

Single \_\_\_\_\_

Trundle \_\_\_\_\_

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

## Room 314 - Maximum 4 people

Single \_\_\_\_\_

Trundle \_\_\_\_\_

Dbl Bed \_\_\_\_\_  
\_\_\_\_\_

## Rosseau - Maximum 5 people

Dbl Bed \_\_\_\_\_

\_\_\_\_\_

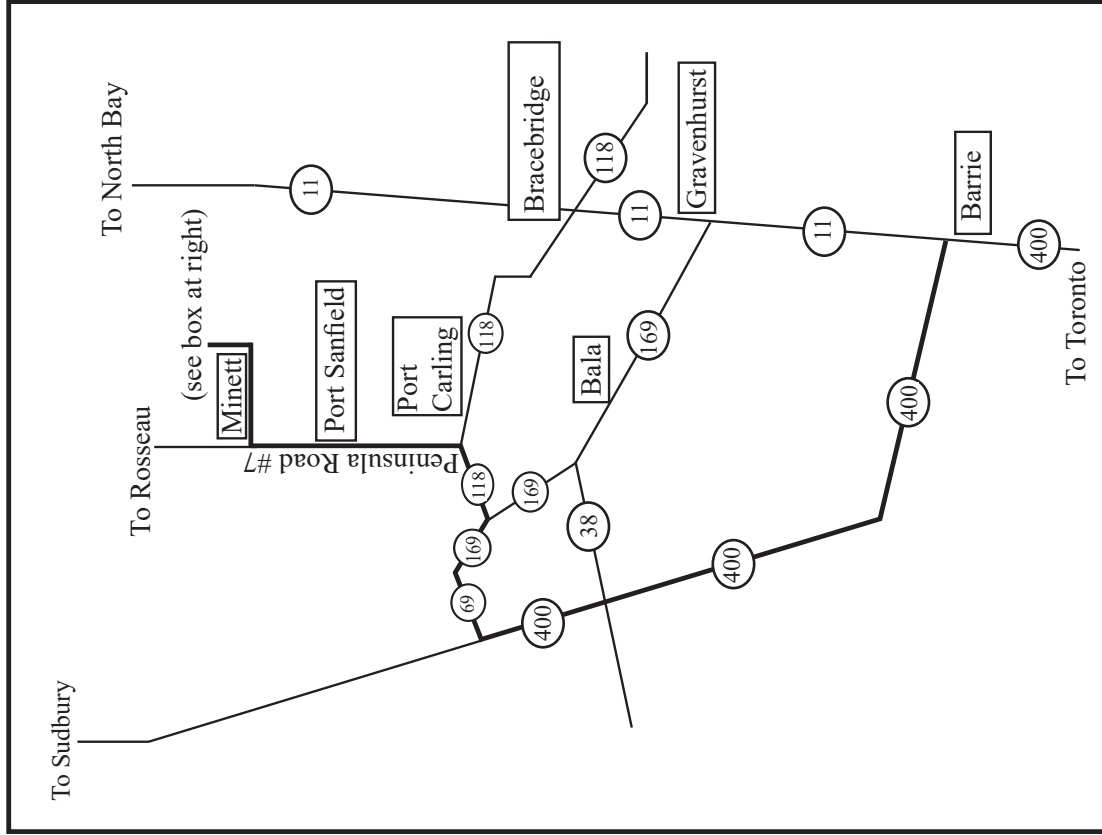
Dbl Bed \_\_\_\_\_

\_\_\_\_\_

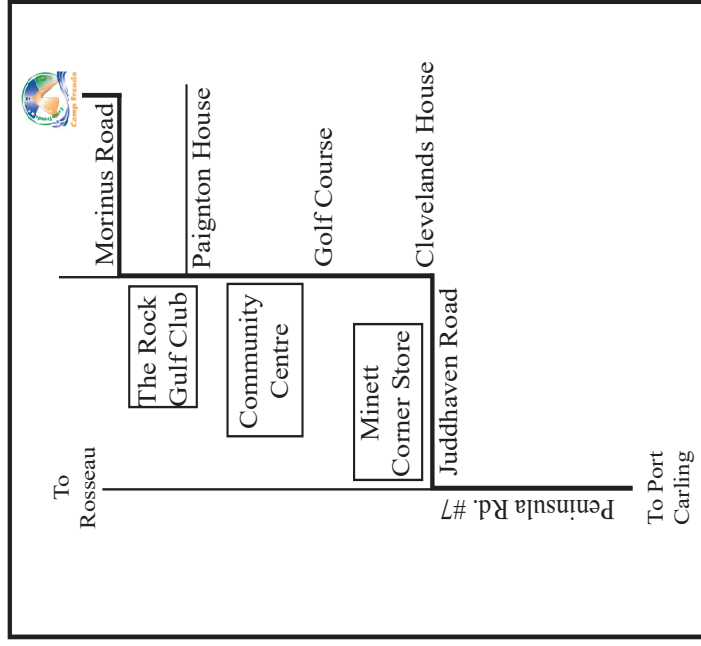
Single \_\_\_\_\_



# Directions & Maps to Camp Frenda



**From Toronto:** Take Highway 400 North to Highway 69 (look for Exit #189). On Highway 69 turn right onto Highway 169, left onto Highway 118, left onto Peninsula Rd. (also known as Muskoka Regional Road #7). Once on Peninsula Road travel 10 km to the hamlet of Minnett (directions continue on the right side of this page).



**Directions:** In Minnett you can only turn right onto Juddhaven Road at the Minnett Corner Store. Follow this road 1.5 km to Morinus Road, passing Clevelands House, tennis courts and golf course. You will also pass the Fire Hall/Community Centre on left and then The Rock Golf Course. At Morinus Road you can only turn right, go to the road's end. Turn left at the Camp Frenda sign and continue onto camp property.



# Camp Frenda

## High Season Usage Report

Thank you for staying with us! In order to facilitate our accounting, please fill out the information below and have it signed by the camp ranger and food services director before leaving the campground. Your group will be invoiced to the billing address below.

### Billing Information (please print)

Group Name: \_\_\_\_\_

Group Leader: \_\_\_\_\_

Billing Address: \_\_\_\_\_ City \_\_\_\_\_ PC \_\_\_\_\_

Date Used: \_\_\_\_\_

### High Season Rates

Location: Lakeview Lodge

Rates with Children staying in the same room:	
All rates include four meals and two nights lodging	
Adult Rate:	\$90
Children (ages 4-16):	\$60
Children (ages 3 and under):	Free

Rates with Children staying in the same room:	
All rates include four meals and two nights lodging	
1 Adult in a room:	\$120/person
2 Adults in a room:	\$100/person
3+ Adults in a room:	\$80/person

Room	Occupants		Cost
	Adult	Child	
105			
107			
109			
111			
113			
115			
119			
<b>Total Cost:</b>			

Room	Occupants		Cost
	Adult	Child	
203			
205			
207			
209			
211			
213			
219			
217			
215			
<b>Total Cost:</b>			

Room	Occupants		Cost
	Adult	Child	
Rosseau			
305			
307			
309			
311			
314			
<b>Total Cost:</b>			

### All Season Overflow Facility

Location: Hillside Cottage

Room	Occupants		Cost
	Adult	Child	
101			
201			
301			
401			
<b>Total Cost:</b>			

**Pre-Approved Special Arrangement Notes:** (for office use only)

## Special Rentals

Check items that apply to your group

	Keyboard & Firewood	Free
	Video Projector	\$25 Flat Rate
	Flipchart/Whiteboard	\$10 Flat Rate
	Ping Pong Package	\$25 Flat Rate

	Winter Snow Tubes	\$50 Flat Rate
	Snow Shoes	\$10/pair/day
	Paddle Boats	\$10/1 hour
	Canoes/Kayaks	\$10/1 hour

	Lake Rosseau Tour	\$10/Adults; \$5/ages 3-10 - 30 minutes (July to October only)
	Water Tubing	\$5 per 10 minute run (July to October only)
	Waterskiing	\$5 per 10 minute run (July to October only)
	Horseback Riding	\$10 per 30 minute trail ride (July to August only)
	Coral Pony Rides	\$5 per 10 minute ride (July to August only)

Damage Report/Comments

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\_\_\_\_\_  
Camp Ranger Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Group Leader Signature

\_\_\_\_\_  
Date



# Camp Frenda

## Low Season Usage Report

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Group Leader: \_\_\_\_\_

Billing Address: \_\_\_\_\_ City \_\_\_\_\_ PC \_\_\_\_\_

Date Used: \_\_\_\_\_

### Low Season Rates

Location: Lakeview Lodge

Rates with Children staying in the same room:

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Adult Rate: \$60

Children (ages 4-16): \$50

Children (ages 3 and under): Free

Rates with Children staying in the same room:

All rates include four meals and two nights lodging

1 Adult in a room: \$80/person

2 Adults in a room: \$70/person

3+ Adults in a room: \$60/person

Room	Occupants		Cost
	Adult	Child	
105			
107			
109			
111			
113			
115			
119			
<b>Total Cost:</b>			

Room	Occupants		Cost
	Adult	Child	
203			
205			
207			
209			
211			
213			
219			
217			
215			
<b>Total Cost:</b>			

Room	Occupants		Cost
	Adult	Child	
Rosseau			
305			
307			
309			
311			
314			
<b>Total Cost:</b>			

### All Season Overflow Facility

Location: Hillside Cottage

Room	Occupants		Cost
	Adult	Child	
101			
201			
301			
401			
<b>Total Cost:</b>			

**Pre-Approved Special Arrangement Notes:** (for office use only)

## Special Rentals

Check items that apply to your group

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Damage Report/Comments

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\_\_\_\_\_  
Camp Ranger Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Group Leader Signature

\_\_\_\_\_  
Date